

### St John's C of E Infant School Newsletter 10th February 2023 **Internet Safety Day**



#### **Internet Safety Day**

On Tuesday 7th February we joined schools across the UK in celebrating Safer Internet Day 2023. Safer Internet Day is a global campaign to promote the safe and responsible use of technology, which calls on children and young people, parents, carers, teachers, social workers, law enforcement, companies, policymakers and more, to help to create a better internet. Using the internet safely and positively is a key message that we promote in school and celebrating Safer Internet Day is a great opportunity for us to re-emphasize the online safety messages we deliver throughout the year. We would be delighted if you could join us in celebrating the day by continuing the conversation at home.

To help you with this, the UK Safer Internet Centre have created some free activities and information for parents and carers which are available at: saferinternet.org.uk-parents. Whether you have 5 minutes to start a conversation or hours to spare, there are top tips, guizzes and films which you can use at home with your child. If you have any concerns or questions about keeping your child safe online, please do get in touch with your class teach or myself as our Designated Safeguarding Lead.

### NSPCC **NSPCC Online safety** Childnet

Support for parents at Childnet

St John's C of E Infant School Newsletter 7th February 2023 Children's Mental Health Week

### ST. JOHN'S CHURCH OF ENGLAND INFANT SCHOOL

#### Latest News

This week is also children's mental health week and the charity Place2Be are promoting speaking with children about the importance of feeling connected to each other . <u>Advice for parents can be found here.</u>

We do hope you take time this half term to feel connected to each other. We discussed what fun it is making memories to remember good times with people. We talked about being a good friend and how the effects of laughing can help us feel good and give us a healthy mind.

#### Do you have a good joke to share?

You can hear the Princess of Wales speak about the work of the charity <u>here</u>.

Please do remind your child that if they are worried about something, they should always talk to an adult

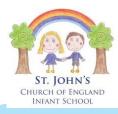
they trust. It could be you, someone in your family, a teacher or someone else in the school.

If you're worried about your child's mental health you can talk to your GP or someone at school.

You can also find a list of organisations that provide support and advice on the website: <a href="mailto:place2be.org.uk/help">place2be.org.uk/help</a>







OVE AND COMPASSION ARE NECESSITIES, NOT LUXURIES, WITHOUT THEM HUMANITY CANNOT SURVIVE

1 Peter 3:8 'Live in harmony with one another'



Have you taken part yet?

### ΡΤΑ



#### **Celebrate Success**





this week's star learner was Eddie for super work when they were learning about emotions.

In Fox class this week's star learner was Leo for super listening and great discussions.

In Badger class this week's star learner was Miah for her marvelous learning in math's.

done everyone we are so proud of you!

### **Titanic Set Sail**



### Health and Wellbeing

#### Cosmic Yoga

If you need a little calm down and wind down activity you might like to let the children show you how good they are at cosmic yoga.

#### Peace out

They also do some guided relaxation if you thought anyone in your family would benefit from this.

#### The Great Outdoors

Most importantly just get outdoors in the big wide world of mother nature. The benefits of exercise and fresh air are not to be underrated.







### Health and Well-being

As illnesses set in for the winter you may find this NHS website page useful for information about school attendance. <u>Is my child too ill for school?</u>

The children's mental health charity, Place2Be, has a website aimed at helping parents with typical situations they can find themselves in with their children.

Advice can be found on over forty topics including:

- Understanding sibling rivalry?
- My child is lying, what does it mean, what should I do?
- My child has trouble going to sleep
- My child says 'I hate you!'
- Cultural identity: who am I?

The Parenting Smart website can found here:



### Safequarding

If you are concerned about the safeguarding of a child at any time, please contact Surrey children's single point of access C-SPA on

#### :0300 470 9100

You can contact the school Safeguarding leads Mrs. Stevens or Mrs. Ireland **DSL@stjohns**farnham.surrey.sch.uk or

telephone 01428 713216



Welcome to Mindworks Surrey, the new emotional wellbeing and mental health service for children and young people in Surrey.

# Wellbeing

Safeguarding

If you know a family, child or young person in need of help. You might like to point them in the direction of the Surrey website <u>https://www.mindworks-</u> <u>surrey.org/</u>

Should you be looking for some advice on speaking with your child about grief and loss then you may find this a useful article. <u>Tiny Happy People</u>

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## SCHOOL CATERING VACANCIES

Term-time only positions with great work-life balance Secure local jobs with regular pay Career opportunities across Surrey Work term-time only, get paid 12 months of the year

https://itstwelve15.co.uk/ work-for-twelve15/

Register your interest, we'll get in touch



Churt & Hindhead Cricket Club are looking for new Junior Members—Please follow the link below for more information and to register.

https://club.spond.com/landing/courses/churthindheadcc/ BD63B5B711B44097ADD0FB6C6B28B8D3



This month's copy of Families South - West can be downloaded here <u>https://bit.ly/FamiliesMagJanFeb23Digital</u>

#### The Last Wednesday Support Group

A confidential place to share experiences and knowledge. For parents and carers of children with *the* additional needs with or without diagnosis.



Support Children Welcome Toy and Book Library Speakers Signposting Refreshments Social Nights Out Cake

We meet at St Francis Church Hall,Beavers Hill, Farnham GU9 7DF (off Three Stiles Road)

#### At 9:30am until 11:30am

Dates for 2022 Nov 30th 2022 Dec 14th 2022 Dates for 2023 January 25th 2023 February 22nd 2023 March 29th 2023 April 26th 2023 May 24th 2023 June 28th 2023 July 12th 2023



Contact Vanessa on 07766 404480 or Emma via emmajfox77@gmail.com Car Parking Available

We are still looking for a Crossing Patrol Officer who could support the children safely across Barford Lane in the morning and afternoon.

Surrey County Council

would accept a job share for this position. For more details <u>Click here</u>



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